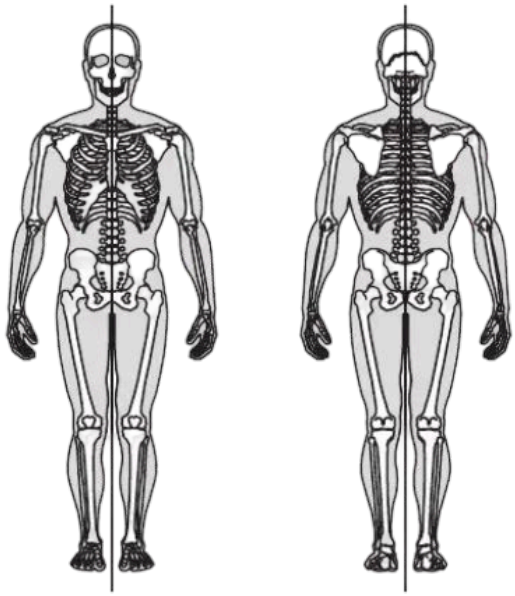
Postural Assessment Chart

Patient information	
Name:	Gender:
Date of birth:	Contact:
Address:	

Anterior & posterior view

Upper body		L	R
Spine	Scoliosis	☐	☐
Scapula	Deviation	☐	☐
Shoulder	Deviation	☐	☐
Head	Tilt	☐	☐
	Rotation	☐	☐

Lower body		L	R
Foot & ankle complex	Toe (out)	☐	☐
	Toe (in)	☐	☐
	Pronation	☐	☐
	Flat feet	☐	☐
	High arch	☐	☐
Knee & hip	Knock knees	☐	☐
	Bow legs	☐	☐



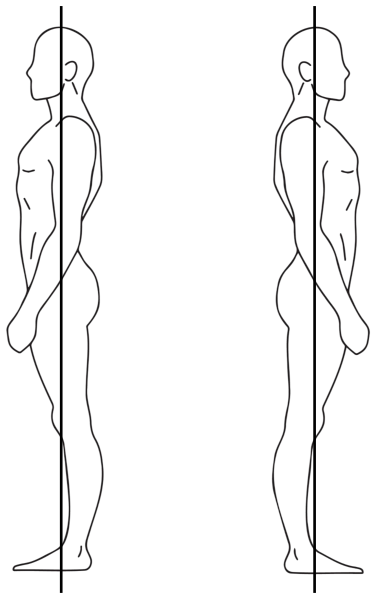
Comments:

Lateral view

Upper body		Y	N
Lumbar spine	Lordosis	☐	☐
	Flat	☐	☐
Thorac spine	Kyphosis	☐	☐
	Flat	☐	☐
Trunk	Rotation (symmetry)	☐	☐
Shoulders	Forward	☐	☐
Head position	Forward	☐	☐
	Back	☐	☐

Lower body		L	R
Ankle	Dorsiflexion	☐	☐
	Plantarflexion	☐	☐
Knee	Flexed	☐	☐
	Hyperextended	☐	☐

		Y	N
Pelvic tilt	Symmetrical deviation?	☐	☐
	Tilt: anterior	☐	☐
	Posterior	☐	☐



Comments: